Pollution Prevention Practices For Hotels & Resorts



www.deg.virginia.gov/p2/lodging

Hotels and other lodging facilities have literally dozens of opportunities to minimize their impact on the environment, just by making some simple, common-sense changes – and **almost all of them can save your facility money!!** Many facilities are already doing a lot of these, and don't even think of them as helping the environment. Take a few minutes to go through the items on this checklist and indicate any of the methods that you are already utilizing. Let us know what you are doing, and we will help you let your customers know about the good things you are doing for the environment. They don't need to know that you're saving money at the same time!

To Join. Simply fill this out this checklist and mail/fax/email it into the Virginia DEQ at the addresses below. If you are doing the core activities, then you are "in" the Virginia Green Lodging program. It's that easy! Your facility will also be considered part of the Commonwealth's larger Virginia Green initiative, and you will be listed on the Virginia Tourism Corporation's list (www.Virginia.org/green) of Virginia Green facilities.

Core Activities. These are the minimum expectations for all *Virginia Green Lodging* participants. **To qualify for Virginia Green**, <u>you must check all of the "Core Activities"</u>. We are flexible about each of these, however, so please feel free to contact us or include an explanation if for some reason you are unable to implement these.

Simply mark (X) any of the techniques that your facility uses:

Ontional Linear Service. Cheete and tourse are not outernatically shounded around day during
Optional Linen Service. Sheets and towels are not automatically changed every day during
your stay, thus decreasing usage of water, energy, and harmful detergents.
Recycling. Recycling is probably the most visible sign to your guests that your facility is <i>green</i> ,
and it can be one of the most difficult services to arrange. However, you must strive to at least provide
the opportunity for guests to recycle cans, bottles, etc. In certain areas of the state, a comprehensive
recycling program is simply not feasible. However, facilities should have a written explanation available of
the recycling opportunities that they provide, and staff should be able to address this with guests.
Water Conservation. The facility must have a plan for conserving water that should consider
water-saving faucets, showerheads, and toilets, leak detection, and an effective landscape watering plan.
Energy Conservation. The facility must have a plan in place that encourages the replacement of
lighting and equipment to energy-efficient alternatives such as compact-fluorescent lighting, LED Exit
signs, lighting sensors, efficient heating and cooling, and EnergyStar/energy-efficient computers and other
equipment.
Green Events Package. The facility must offer a "green" or "environmentally-friendly" package

__Green Events Package. The facility must offer a "green" or "environmentally-friendly" package for conferences, meetings, and other events. At a minimum, you must have be able to provide recycling at such events and be willing to work with "environmentally-aware" customers on other techniques to reduce wastes. For lots of ideas on Green Events, please see the fact-sheet on *Environmentally-Responsible Conferences, Meetings, and Events* at www.deq.virginia.gov/p2/lodging/eventplanning.html.

Lots of Other Great Ideas! Please tell us more about the great things you're doing. We will include these on the website. Simply mark (X) any of the techniques that apply to your facility.

Linen Service Train house cleaners on process for optional linen service Purchase water-efficient washers and dryers (www.Energystar.gov) Use non-phosphate, non-toxic, and biodegradable laundry detergents Minimize the use of bleach and chlorinated chemicals are used only where there is no less toxic alternative, and only in minimal amounts Use of linens service providers that employ "wet" versus "dry" cleaning
Recycling
Glass
Aluminum Cans
Steel Cans Composting of excess food
Grease Recycling
Plastic
Office Paper Toner cartridges
Newspaper
Cardboard Packing Supplies
Fluorescent Lamps (required by EPA-RCRA law)
Batteries (required by EPA-RCRA law for NiCd and Lead-Acid)
Electronics equipment – computers, etc (required by EPA-RCRA law) OTHER:
Waste Reduction Tracking overall waste bills Rooms
Bulk Soap Dispensers instead of individual soaps
Fill up shampoo bottles
Instruct housekeeping to save and reuse unopened items
Food & Conference Facilities
Eliminate the use of Styrofoam Use Dishware and Glassware & Minimize use of Disposables
Disposable containers made from:
bio-based materials
recycled content compostable material
Non-bleached napkins and coffee filters
Provide condiments and cream and sugar, etc, in bulk
Use of water pitchers that minimize use of single-use bottles Donation of excess food from events
Effective food inventory control to minimize wastes
 Purchase locally grown produce and other foods Filtering of grease rather than recycling
Organic- and "sustainably-grown" foods (http://www.sustainabletable.org/issues)
Office
Purchase recycled-content paper-towels and toilet paper
Encouraging suppliers to minimize packaging and other waste materials

 Purchasing from vendors and service providers with a commitment to the environment 2-sided copies / printing Use electronic correspondence and forms Purchase recycled content paper / toilet tissue
Using "Green" Cleaners (www.greenseal.org) that are dispensed in bulk Installation of high-efficiency hand-dryers (www.cleanlink.com/sm/article.asp?id=2387) Purchase of durable equipment and furniture Purchase "low-VOC" carpets and fabrics
Maintenance Use of reused building materials or those from sustainable sources Use of Latex Paint Reuse of paint thinners Proper recycling and/or disposal of thinners and solvents (required by EPA-RCRA) Preventative maintenance of all appliances, HVAC systems, plumbing, and vehicles Last-in/first-out inventory & effective labeling systems Less toxic materials Minimize use of pesticides and herbicides Use "integrated pest management" (IPM) - www.epa.gov/pesticides/factsheets/ipm.htm Other
Water
Tracking overall water usage and wastewaterPreventative maintenance of drips and leaksWater-flow metering to discover leaks and areas of high useHigh efficiency dishwashersDiscouraging water-based cleanup (sweep first)Microfiber technology mopsLow flow restrictors on faucets and showerheadsLow flow toilets or Waterless urinalsEffective landscape management plan which utilizes drought tolerant species, metering and rain gauges, and minimizes lawn areasRain gardens (www.dof.virginia.gov/rfb/rain-gardens.shtml)Green roof development (www.greenroofs.com)Cisterns and drip-line irrigationRain barrels (www.epa.gov/reg3esd1/garden/stormwater.htm)Effective stormwater managementMinimization of impervious areas (paving, concrete, etc)Vegetative buffers around streams and ponds
Energy
Tracking overall energy bills and set a numeric goal to reduceConsider the pollution factor of your energy usage by using a pollution calculator, such as www.cleanerandgreener.org/resources/pollutioncalculator.htmHigh efficiency compact fluorescent lightbulbs in all canned spotlights & in roomsInstall LED Exit Signs www.energystar.gov/ia/business/small_business/led_exitsigns_techsheet.pdfHigh efficiency fluorescent ballasts and lamps (T-5's & T-8's)
Use of ceiling fansHigh Efficiency Heating & Air Conditioning (HVAC)Individual thermostats for each roomUse of natural lightingSolar panels
Lighting sensorsLighting sensorsPurchase of EnergyStar computers, appliances, etc. (www.energystar.gov)Thermal-rated windows and insulationUse of directional (downward-facing) lighting in parking areas and other outdoor areas
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Other
Inclusion of "green meetings/conferences" in marketing packages (see fact sheet on "Environmentally-Responsible Conferences & Events" – www.deq.virginia.gov/p2/lodging/eventplanning.html.
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OTHER Creative / Common-Sense Ideas – Let Us Know About Them!!
Please provide the following information:
Facility Name:
Address:
Website:
Contact Name:
Contact Name:Phone:

Complete this checklist and send it to us at the address below or fax/email it.

Tom Griffin, Outreach Coordinator Virginia DEQ Office of Pollution Prevention PO Box 1105 Richmond, VA 23240-1105 804-698-4545

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rtgriffin@deq.virginia.gov www.deq.virginia.gov/p2/lodging

We will use this information to generate a *Virginia Green Lodging* "profile" of your facility that will be added to the websites for *Virginia Green Lodging* (www.deq.virginia.gov/p2/lodging) and the larger *Virginia Green* (www.virginia.org/green). We will soon contact you to confirm your information, and we will then send you a *Virginia Green* Welcome Packet that will include a Virginia Green certificate and window decals for display at your facility. You are also free to use the Virginia Green logo on letterhead, marketing, and other materials; and we encourage you to link your website to your facility information.

Thank you for voluntarily committing to minimize your impact on the environment!!

